

Important Dates to Remember



- May 31 Student orientation
- June 2 Summer classes begin
- June 16 Last day to add
- June 23 Last day to withdraw without financial penalty
- July 14 Last day to withdraw without academic penalty and last day to remove incompletes from Winter term
- July 28 Fall term registration begins

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DEFINING YOUR EDUCATIONAL STRATEGY

By Bruce Gillies, ADEP Director



ADEP students often ask me which is the best program or master's degree to pursue. Quite often this question is asked early in the student's ADEP experience. "I'm considering pursuing a degree in law, will my Business Management degree help me?" or "I've thought about becoming a professor, how will my Organizational Leadership degree be of value to that goal?" The quick and easy answer is – it depends. Of course it helps, but what does it depend on? When we consider the relationship between an education and a degree, there are many different variables that we have to consider such as the time available to pursue the degree, the finances required, our own interests, our need to achieve, and what our significant other thinks we should do. All of these things certainly are important. But we also need to consider a very important piece of this question, "What is the normal flow of education to achieve our desired professional goals?"

One of the challenges we face is that our goals fluctuate depending on where we are in our career, our current organization, and of course the condition of our economy. So, can a degree lead you to your professional goals? It can, but you a degree doesn't automatically mean a raise, at least not for everyone. The goal of a bachelor's degree is not only to provide you with the technical knowledge that you gain from the materials, lectures, and professors, but to get you to challenge the way you used to think. You'll see things in a different light. You may question what you previously didn't question.

Consider just one of the California Lutheran University Student Learning Outcomes, *Interpersonal and Teamwork Skills*. During your time here at CLU, you'll undoubtedly participate in many different team and group projects. What is the value of these projects? One of the goals is to help you become comfortable with working with a diverse set of individuals; diverse in their professional backgrounds as well as other key areas. From this interaction, you cannot help but learn that there is value in hearing the opinions of others and finding out different ways of approaching a team project. This is something that's built into your program. Although it's not unique to your profession, it does add value to your degree when you are being considered for a new position or promotion.

Your educational strategy should take these types of outcomes from your bachelor's degree and identify how they can contribute to your formal academic career as well as your professional career. Employers value these transferable skills. Employers will almost always ask your references about your ability to communicate, work with others, exhibit critical thinking and motivate yourself. As an adult student, you have established many of these skills already. Your ADEP degree will help prepare you to pursue a graduate degree or to add more responsibility and promotability within your current job.

Also, don't forget to take advantage of the services that are offered at CLU to help you focus on, and achieve, your professional and academic goals. ☺

ADEP Graduates

Congratulations to the Class of 2008! You made it! Best wishes to these ADEP graduates:

Pauline Alberty	Hayley Freeman	Terri O'Callaghan
David Armstrong	Berenice Garcia	Meadow Olsson
Rod Baltazar	Sharon Garcia	Christine Opzeeland
Douglas Beasley	Joseph Gerew	Paul Ortvals
Lynda Becker	Sally Goya	Yolanda Padilla
Aswin Bhuvanendran	Deborah Gutierrez	Bryndis Palsdottir
Debra Blowers	Nicholas Hughes	James Parizale
Edgar Borje	Jennifer Jagoe	Peter Pisklakov
Mark Bumpass	Jonathan Johnson	Thomas Plough
Joseph Cabral	Ruth Johnson	Corine Riedell
Andrea Cabrera	Norman Jordanhazy	Denver Rivera
Samuel Cho	Brian Joseph	Erin Rouse
Jeffrey Collins	Kathleen Keane	Rebecca Rowe
Donald Conley	Jeremy Kemp	Mayte Ruiz
Cheri Dahlstrom	Jagdeep Khangura	Nancy Salazar
Landon Dalke	Thomas Koprowski	Simon Shiff
Paul Daniel	Michelle Lee	Thomas Stapleton
Paula Daniel	Jamette Logue	Michael Strossman
Jorge De Los Rios	Sean Lu	Stephen Taub
Erica Downing	Timothy Madigan	Elizabeth Thompson
Yvette Draghi	Amir Malik	Felicia Tischhauser
Errin Elcock	Guy Matsumoto	Chris Waters
Christina Ellis	Kara Mattice	William Weir
Rita Esquivel	Thomas McBeath	Darin White
Mark Ferguson	Jana Miller	Darren Wilde
Melissa Field	Tawnya Min	Erica Williams
Laurie Fletcher	Sonia Mumau	Heather Woods
Pamela Forrest	Maureen Nicols	Mary Beth Yuen ☺
Matthew Fowlie		

Outstanding ADEP Graduate

The Outstanding ADEP Graduate award is presented annually to the graduating ADEP student (December through August degree dates) who has demonstrated exemplary academic performance, motivation and perseverance while enrolled at CLU and probably won't qualify for any traditional honors. Academic achievement is assessed at the end of the ADEP Winter term. The award is presented at the ADEP graduation reception; the name of the recipient is inscribed on a permanent plaque in Alumni Hall. Criteria for this award include a low transfer GPA but a high CLU GPA with at least 45 units completed at CLU. Congratulations to this year's recipient, Samuel Cho. ☺

Karen Goles Gives Back to ADEP

By Erin Rouse. Staff Writer

Karen Goles and I met for coffee in Camarillo, where she and her husband reside and co-own a computer software development company. They share their lives with two rescue dogs that they enjoy spoiling rotten. Karen's husband teaches computer science classes for ADEP. She is a familiar face because her relationships with ADEP keep her around campus. The moment she waved at me, I knew we had met on campus previously.



Karen's bubbly, energetic personality is irresistible. We immediately struck up a conversation about her work as an actor and assistant director for "The Mikado," a play being performed at the Theatre on the Hill at Hillcrest Center for the Arts in Thousand Oaks. With her 20-year background in a Japanese dance group, and being a 3rd generation Japanese born in the United States, she became the token Japanese representative for the play. Karen also is accomplished in origami, an art she learned as a child from her grandmother who didn't speak English.

When Karen attended a graduation ceremony in 2004, she couldn't decipher the ADEP students, as they blended with the traditional students, all in caps and gowns. She felt she wanted to do something to set them apart from the rest of the students. When she graduated in 2005, with her second bachelor's degree in Computer Science, she made at least 100 leis for the ADEP students, ADEP department and Computer Science professors. She says it's a great way to distinguish the ADEP students from traditional undergraduates during the graduation ceremony. Karen does not feel pressure from ADEP to produce the leis, but wants to contribute to the support that she received while an ADEP student. This is Karen's contribution to ADEP, a financial and time consuming present from her heart. If you are graduating this year, you've probably received your ADEP lei in the mail along with an announcement. Karen made all of the leis by hand. In Hawaiian tradition, leis are given by friends and family as gifts for supporting accomplishments. She hopes that you will enjoy your lei, and may it be a memoir of your graduation from ADEP.

Like many of us, Karen is still exploring her true occupational passion. Though she enjoys what she does, she is looking into a master's degree, not yet sure what she would like to focus on. Since she was a young child, she had always wanted to be an accountant, and expected that she would be an accountant for the rest of her life.

Karen didn't have one particular experience in ADEP that was extraordinary, but it was the "all-around support" that made an impression on her. She appreciated that the ADEP staff and faculty would listen to concerns and make adjustments to ease her schedule and learning. She would like to reiterate that the ADEP faculty and staff are there to help, and to speak up if you have something that is keeping you from fully engaging in class or in studies.

Thank you, Karen, for your very generous contribution to ADEP, and thank you kindly for the interview. ☺

ADEP Graduation Announcements

By Gretchen Lopez, Admissions and Student Support Services Advisor

The ADEP Graduation Reception will be held on Friday, May 9 from 6 to 7:30 p.m. at the Scandinavian Center. Graduating seniors and guests are invited to this informal affair to say hello and goodbye to fellow students, faculty and ADEP staff. Wine and hors d'oeuvres will be served.

The 37th annual **Honor's Day Banquet** will be held on Friday, May 16 at 5:30 p.m. after the Convocation, which recognizes students with departmental distinctions. These students have exhibited an unusually high degree of excellence in their departmental or interdisciplinary major field and must have a minimum GPA of 3.5 in their major field, an overall GPA of 3.25 and at least 50% of the upper division requirements in their major completed at CLU.

Graduation Ceremonies will be held on Saturday, May 17, with festivities beginning in the Samuelson Chapel at 8:30 a.m. for a Baccalaureate, which is a religious service that takes place before commencement. Graduation candidates planning to attend should wear their caps and gowns and line up at the Luther Statue in front of the library at 8:15 a.m. Family and friends should go directly to the chapel as seating is on a first-come basis. Those who do not wish to attend the Baccalaureate, should meet in the ADEP office between 9 and 9:30 a.m., at which time staff members can help you get dressed and put the hood on properly. We will take a class picture at 9:45 a.m. and then walk over to the rest of the group to line up at 10 a.m. The ceremony begins at 10:30 a.m. ☺

Instructor Highlights – Kimberly Howell, Making a Difference in Students’ Lives

By Julie Meinecke, Staff Writer



Do you remember that one teacher from grade school that positively impacted you? In 5th grade I had a teacher who was somewhat unconventional in his teaching style, yet extremely effective. Kim Howell is this type of teacher. Her class is not like the traditional classroom setting where the instructor lectures for hours. Howell’s class is an interactive experience. She has a way of connecting with her students; they relate to what she has to say.

I had the opportunity to get to know more about this Buckeye born and bred instructor. Having already taken a class from her, I knew Kim was a bit “quirky” (by her own definition). This *quirky* young woman is a class act – from the top of her head to the bottom of her toes (she has a fetish for designer shoes). Kim said she “digs it” when students take away something from her class. Kim shares her views on education and life:

Q. Why did you choose to teach at CLU?

A. I began as a teaching assistant to assist with hours for my doctoral program. Serendipity played a large part in selecting a career in academia and it didn’t hurt that CLU is my alma mater. Growing up, I wanted to be a fashion designer or a rock star. However, I lack the artistic talent for that. Teaching allows me to get my artistic fix in other ways.

Q. What is your educational background?

A. After a few years of pursuing my bachelor’s degree, certain life changes dictated a move to California. After abandoning my studies for nearly ten years, and at the encouragement of one of my supervisors at the time, I decided to finish my undergraduate degree. That path gave me a greater appreciation for higher education and the challenges that adult learners face with juggling their career and family while pursuing their education. That’s why I have a deep admiration for ADEP students; I understand the challenges they face and the hurdles they must overcome. I’m living proof it can be done. After I achieved my undergraduate degree, pursuing my MBA and PhD just seemed like a natural progression. The ability to learn is a blessing.

Q. What were your expectations about college? How did they differ from reality?

A. I had expectations that college was the immediate step after high school. I assumed college was easy to finance, you never changed your major and you finished in four years – easy. In reality, **life** happens and, you begin to realize and embrace your true likes and dislikes. While the four-year, right-out-of-high-school plan works for some, it doesn’t work for everyone. I’ve learned, and continue to share with others, that it’s never too late to start and we all have to take our own path, in our own time.

Q. What is the most important advice you can give an incoming ADEP student?

A. Enjoy the journey. Set your own expectations and not those put upon you by others.

Q. What are three things that you expect of students who take your classes?

A. First, to **learn something** you didn’t know before you walked through the door – and not to attempt to become an expert on everything. You are not going to master a 575-page text in 11 weeks! Second, to **have FUN** and enjoy the learning process. It shouldn’t be drudgery. Last, to **set goals** and challenge yourself to be more, give more, learn more and do more. It’s easy to become complacent without goals.

Q. How do you balance your time?

A. Like a circus juggler on a unicycle! It is no easy feat. However, when you’re fortunate as I am to have an amazing support system and do something you love, you make the time. I find that I cherish experiences that are additive and positive because life is simply too short and precious to spend time otherwise.

Q. Complete this sentence: I like it when students.....

A. ...check in with me weeks and months after a class to let me know how they’re doing personally, professionally and academically.

Next time you happen to see Kim, take a moment to tell her how you are doing. It wasn’t too long ago that she was in our shoes and can relate to the steps we are taking. ☺

In The Spotlight – Administration Moves to the Scandinavian Center

By Erin Rouse, Staff Writer

First of all, we must welcome back Tiki van Heest! After some time with CLU's Continuing Education, she has returned to ADEP. All ADEP staff are thrilled she has returned to coordinate the Adult Program and Tiki is pleased to return as well, as she had missed working with the ADEP faculty and staff. Tiki is the cheese on the pizza, the a la mode of the pie; she pulls everything together in all aspects of her work. Her current role as program assistant involves ADEP scheduling.



Her new office is located in the Scandinavian Center, just a hair off campus. The full-size window behind her desk overlooks the campus and faces toward the Gilbert Sports and Fitness Center hills. Her walls are lined with shelves of family photos and mementos, and her office looks as though it is her second home.

Like many of us ADEP students, Tiki is working toward her bachelor's degree in Organizational Leadership, and usually takes one class per term. However, now that ADEP will be offering a Psychology major, Tiki is considering changing majors because leadership is not her destination in life. Meetings and decision-making do not coincide with her personal goals so she loves that others such as ADEP director Bruce Gillies, Psy.D., in the office next door, are involved in the decision-making, while she has the responsibility to implement new policies and procedures. She has taken a more supportive stance in her work and life. Tiki is one whom her friends, family and colleagues trust and lean on for guidance, and strong support.

Tiki is the most calm and nurturing of people. She grew up on a small island in British Columbia, and took a ferry to school each morning. Tiki loves the beach life in Ventura where she lives, having barbeques in the middle of winter and enjoying the relaxed community surroundings. She has two beautiful daughters and one grandchild.

Her new office in the Scandinavian Center hasn't affected ADEP operations significantly. It requires more emailing and phone calls, and one walking trip to Alumni Hall every day. The office move was mostly due to ADEP growth, and has separated Administration from Admissions, Marketing, and Recruitment.

The Scandinavian Center, located on the corner of Mountclef Boulevard and Faculty Road, is available to students as a museum and learning center. Its mission: *Preserve and promote Scandinavian Heritage and Culture for the education and enjoyment of present and future generations.*

The Scandinavian American Cultural and Historical Foundation runs the center. Volunteers, Richard Londgren, director, and Anita Londgren, program director, are both dedicated to the center's purpose and available for tours and consultation much of the week. Stop by for a tour, learn about the Scandinavian culture and then say hello to Tiki and Dr. Gillies. ☺

ADEP Announcements

By Gretchen Lopez, Admissions and Student Support Services Advisor

Register for Summer 2008: Go to <http://www.callutheran.edu/adept/resources/registration.php>.

Two-Term Registration Process: As of the Winter 2009 term, students can register for two terms at a time. We are offering this type of registration so we can ensure that high-demand courses will have adequate sections and so you can firm up your schedule early.

New ADEP Majors and Minors Begin in Fall 2008: The **Criminal Justice (B.S.)** and **Psychology (B.A.)** majors and the **Psychology** minor are **only** offered at the **Oxnard** Campus. The **Business** and **Computer Science** minors are offered at the **Main** campus. If you are interested in any of the new majors or minors or would like more information, please contact an advisor at (805) 493-3325 or you may visit the ADEP website at www.callutheran.edu/adept. ☺

Peer Coach Program Helps New ADEP Students Adapt at CLU

By Julie Meinecke, Staff Writer



ADEP recently launched a new Peer Coach Program, designed to support and give guidance to new incoming ADEP students during their first term at CLU by partnering with a peer coach. Cathy Glueckert is our first ADEP peer coach.

In her role as peer coach, Cathy personally calls the incoming students every two weeks with date reminders and offers web support if needed. I recall my first term here at CLU in which I had no idea what “MyCLU” was or why it was so important. My first term would have been less stressful and confusing if the Peer Coach Program had been implemented and Cathy could have assisted me through the process.

Like many in Ventura County who have been impacted by large corporate downsizing, Cathy found herself out of work in November 2007 (after eight years in the Human Resources Department at Amgen). As a result, tuition reimbursement was no longer an option. Therefore, Cathy had to become creative in finding ways to fund her college degree and is working as a peer coach through the Assistantship Program at CLU. This program is a form of financial aid that gives students up to one unit of tuition in exchange for working 40 hours within the department.

Cathy recently spoke at an ADEP Information Session for prospective ADEP students about her CLU experience in which she said, “It has been rewarding, personally gratifying and I have met LOTS of wonderful people while meeting my goal of obtaining my degree and preparing for my next career.” Cathy interjected a quote from John Robert Wooden, “In anything...failure to prepare is preparing to fail.” These certainly are words of wisdom we all can benefit from, especially in light of having to balance demanding work and home schedules while attending college. Cathy believes ADEP gives her the flexibility she needs to plan ahead and keep her busy schedule organized.

Cathy’s personal and professional experiences, makes her a model peer coach. Not only can she assist new students in assimilating to college life, but she is a representation of how one perseveres and becomes innovative in times when giving up seems the easiest thing to do. New students especially, need that moral support and a reminder to march forward as they have taken the right first step in preparing for their future. Cathy is helping to make a difference in these students’ college lives! ☺

Wanted: Student Contributors

Students are invited to contribute to the ADEP newsletter. Share your ADEP stories with other students. We are looking for information about areas of interest to other ADEP students. Please send your contributions to Gretchen Lopez at: glope@callutheran.edu. ☺

FYI Your ADEP Staff		Director	Bruce Gillies
Advisor and Student Support Coordinator	Gretchen Lopez	Associate Director	Darla Acuri
ADEP Admissions Coordinator	Vanessa Chacon	Administrative Assistant	Tiki Van Heest

ADEP Office Hours of Operation
 Monday – Thursday
 8:15 a.m. – 8 p.m.
 Friday
 8:15 a.m. – 5 p.m.
 Phone: (805) 493-3325
 Fax: (805) 493-3861

CLEP Exams Enable Students To Reach Goals Faster

By Julie Meinecke, Staff Writer

Did you know that by passing a CLEP (College Level Examination Program) exam you can earn credit as if you attended and passed a full term college course? This means you can save time and money while satisfying a general education or lower division elective requirement. Thus, you might graduate in less time! CLU is one of the 2,900 colleges nationwide that is a "Limited Test Center," offering CLU students CLEP exams several times a month.

For many working adults, the opportunity to obtain CLEP credit is an excellent way to alleviate busy schedules and to help you reach goals faster and more economically. If you are interested in an opportunity to participate in a CLEP exam, you will find test dates and times, registration procedures and frequently asked questions on the CAAR Office website at:

<http://www.callutheran.edu/car/undergrad/exams.php>. You need to pay a \$25 administrative fee to CLU at the time of registration and \$65 per exam is due at the time of the exam. All CLEP exams are held on campus in the Pearson Library in Computer Lab #7. With only 10 spaces per testing date, the exams fill up quickly, so it's important to reserve your CLEP testing dates as soon as possible!

Students cannot CLEP out of courses they have previously taken, but most students select CLEP exams in which they have already learned key materials taught in other college courses. Many students only need a quick review to become familiar with the information that they may have forgotten or to fill in the gaps. The key in preparing for CLEP exams begins with identifying those skills and areas of prior learning in which you are strong. Here are some test-taking tips:

1. **Read the CLEP exam descriptions.** This helps to determine how familiar you are with the material and how much time you will need to invest in the study process.
2. **Use CLEP tutorials.** Many bookstores (such as Borders) offer CLEP books in computer-based format for various CLEP exams. You also can contact the ADEP office to see if they have any used "CLEP" books.
3. **Read more on the subject.** If you need extensive review, do some additional reading on the subject. This will help to ensure you can answer the questions successfully.
4. **Find a good place to study and schedule time.** Determine the kind of place you need for studying – such as quiet, free from distractions, not too warm, well lighted and comfortable. Then fit study time into your schedule.
5. **Answer sample questions.** Once you are familiar with the test material, answer the sample questions. While these questions will not appear on the actual exam, it will give you an idea of the types of questions you see on the exam.
6. **Sleep well the night before and relax the day of the exam.** It's important to be relaxed and alert during the exam. Make sure you allow extra time for unexpected delays. Keep an eye on the clock. Before answering a question, read the entire question and the answers. Watch for "no exception" words such as always, every, only, never and none. Words such as often, rarely, sometimes and generally indicate there may be "exceptions" to the answer. Make educated guesses.

For more tips on preparing for CLEP exams, visit: <http://www.collegeboard.com/student/testing/clep/about.html>. ☺

Adult Learners

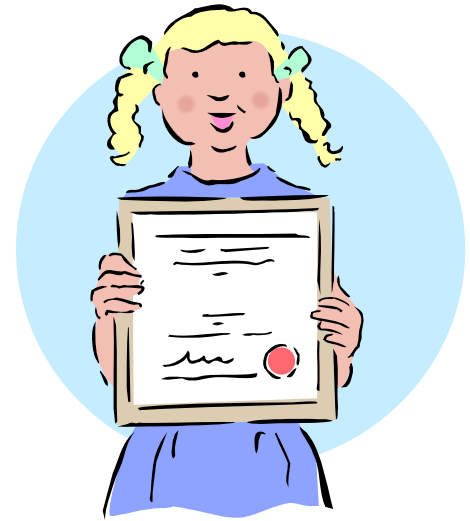
According to StudyTips.org, adult learners share certain tendencies. As a rule, they are motivated with experiences that serve them in the classroom and are genuinely motivated to learn from within. Adult learning is successful when the learners take an active role in their educational process. Adult learners enjoy planning and evaluating their progress, but need to let go of preconceived ideas of higher education and keep an open mind. It also may help adult learners to write out goals and time commitments. Keep track of class, work, homework and time with friends and family. ☺

Outstanding Students

By Pamela Forrest, Staff Writer

Each semester, students are nominated by their teachers as “outstanding students.” These students receive a letter from the president of CLU in recognition of this achievement. Congratulations to these outstanding students, recognized in the winter of 2008:

Name	Course
Tony Andragna	World Civilization to 1500
Elizabeth Arms	International Business Behavior
Andrea Cabrera	Writing, Theory and Practice
Brian Davies	Public Relations
Nancy Deitmeyer	Tax II
Erica Ann Downing	Writing, Theory and Practice
Cody Freeman	Tax II
Elka Golds	Fundamentals of Music
Nitin Gune	Data Communications and Networks
Ed Huang	Principles of Marketing
James Jackson	Fundamentals of Music
Andrea Kendrick	World Civilization to 1500
Kathy Martin	Social Psychology
Paul Orbals	Introduction to Macro Economics
Rafael Ramos	Business Communications
Rebecca Rowe	First/Second Language Acquisition
Simon Shiff	Social Ethics
Mike Strossman	Exploring Biblical Traditions
Michele Thompson	International Business Behavior



**Remember to check
your CLU e-mail
access portal for
current information. ☺**

**ADEP Office
Hours of Operation**

Monday – Thursday
8:15 a.m. – 8 p.m.
Friday
8:15 a.m. – 5 p.m.

For Assistance

Phone: (805) 493-3325
Fax: (805) 493-3861

\$SAVE ON \$SOFTWARE

Students can save money on software purchases. Check out these websites for a great deal:

www.academicssuperstore.com
www.campustech.com
www.gradware.com
www.journeyed.com
www.studentdiscounts.com

These sites are provided for informational purposes only and are not endorsed by CLU or the ADEP program. ©

ADULT DEGREE EVENING PROGRAM (ADEP)

California Lutheran University
Adult Degree Evening Program
60 W. Olsen Road #2200
Thousand Oaks, CA 91360

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Fax: 805-493-3861



Adep

Experience success. . .

**Newsletters available
on the Web at
www.clunet.edu/adep**

ACADEMIC CALENDAR

Summer Term 2008: June 2 – August 14

May 31	New student orientation: 9–11 a.m.
June 2	Summer classes begin
June 16	Last day to add; last day to drop (without a “W”)
June 23	Last day to withdraw without financial penalty
July 4	Independence Day (no classes)
July 14	Last day to withdraw without academic penalty; last day to remove incompletes from spring term
July 28	Fall term registration begins
August 11–14	Final exams

Fall Term 2008: September 2 – November 17

August 30	New student orientation: 9–11 a.m.
September 1	Labor Day (no classes)
September 2	Fall classes begin
September 16	Last day to add; last day to drop (without a “W”)
September 23	Last day to withdraw without financial penalty
October 14	Last day to withdraw without academic penalty; last day to remove incompletes from summer term
October 27	Winter term registration begins
November 11–17	Final exams