

Graduate Psychology SPECIALIZATIONS

As a mental health provider, it is essential that you continue your education beyond your degree. California Lutheran University offers five cutting-edge specializations in its Graduate Psychology Program designed exclusively for licensed professionals like you. Discover a specialization track that fits your career path.



CLU PROVIDES THE FOLLOWING SPECIALIZATIONS:

- Recovery Model
- Latino Counseling
- Counseling and Spirituality
- Attachment Theory
- Family Mediation

ATTACHMENT THEORY

Through collaboration with a renowned expert on attachment theory and the Mandalay Clinic, which meets the needs of women and children in the Oxnard area, this track integrates community-based fieldwork with theories on attachment. Students and licensed professionals develop expertise on attachment and provide interventions to at-risk mothers and infants in Ventura County.

Courses

Part I:

PSYC 574 Attachment Theory
 Explores the formation of lasting connections as a central component of the human experience. Examines the fundamentals of attachment theory and research, including a developmental perspective on infant, child and adult attachment.

Part II:

PSYC 575 Attachment Techniques
 Integrates attachment theories with clinical applications for treatment with couples, families, children and individuals. Explores early attachment, post-partum depression and attachment styles in marital relationships.

FAMILY MEDIATION

This track prepares students and licensed professionals to work as Family Court mediators by exploring mental health and child development within the context of family disputes, legal issues and resolution models.

Courses

Part I:

PSYC 577 Family Mediation Theory and Research

Explores theories of conflict, family dynamics of divorce, and mental health and child development implications in divorce. Examines models of mediation and dispute resolution within the context of legal remedies and limitations.

Part II:

PSYC 578 Family Mediation Application and Practice

Application of family mediation theories through observation and fieldwork in child custody cases and related issues. Examines management of conflicted families, interaction with court mediators, attorneys and judicial officers, and the principles of expert testimony.

LATINO COUNSELING

This track allows bilingual students and mental health professionals to focus on counseling within the context of a Latino cultural perspective.

Courses

Part I:

PSYC 570 Theories of Latino Counseling

Examines psychological theories of development, pathology and normal functioning from a Latino cultural perspective. Considers the definition of "self" in Latino cultures and provides a basic foundation to explore psychotherapy techniques within Latino populations.



(Latino Counseling, cont.)

Part II:

PSYC 571 Techniques of
Latino Counseling

Application of theories in Latino counseling, with an emphasis on understanding and implementing theoretical approaches in the clinical setting. Addresses how familial and cultural values impact treatment.

COUNSELING AND SPIRITUALITY

By approaching faith as one aspect of a person's culture and identity, this track examines spirituality from a psychological perspective and explores effective methods for working with faith-based clients.

Courses

Part I:

PSYC 580 Theories of Counseling
and Spirituality

Examines the role of spirituality in mental health recovery, including how faith influences the human experience. Draws comparisons between psychotherapy and spirituality as transformative processes that can impact personal growth and change.

Part II:

PSYC 581 Techniques of Counseling
and Spirituality

Application of spirituality theories as they pertain to psychotherapeutic interventions. Draws on various schools of thought on psychotherapy as a basis for integrating spirituality into a comprehensive treatment approach for faith-based clients.

RECOVERY MODEL

This track offers an in-depth exploration of the varied approaches to recovery from mental illness, including assessment methods, analysis and application of behavioral and social learning principles.



Courses

Part I:

PSYC 544 Theories of the
Recovery Model

Examines the principles of working with adults with serious mental illnesses. Uses functional assessment methods to analyze behavioral assets, excesses and deficits to define and plan recovery goals.

Part II:

PSYC 545 Techniques of the
Recovery Model

Application of behavioral and social learning principles in counseling adults with serious mental illnesses. Explores approaches for developing and maintaining independent living; interpersonal, social perception; problem-solving and vocational skills.

TUITION

(2010-11 academic year)

\$330 per credit (Alum Rate)

\$595 per credit (Non Alum Rate)



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