

CALIFORNIA LUTHERAN UNIVERSITY

PSYCHOLOGY
GRADUATE
PROGRAMS



CLINICAL PSYCHOLOGY
COUNSELING PSYCHOLOGY (MARITAL AND FAMILY THERAPY)
DOCTORATE IN CLINICAL PSYCHOLOGY • SPECIALIZATIONS

WELCOME TO CLU'S PSYCHOLOGY GRADUATE PROGRAMS



THE GRADUATE PROGRAMS IN PSYCHOLOGY

at California Lutheran University are designed to prepare students for rewarding careers by developing proficiency in current theory and practice. In keeping with CLU's mission, students are challenged to develop strong professional identities by working

closely with experienced faculty. Academic rigor is maintained through small class sizes, in which students develop solid foundations in theoretical principles.

Unique to the Graduate Programs in Psychology is the opportunity to become involved in current faculty-led research or to gain practical experience by training at one of our two Community Counseling Centers. The center's mission of providing low-cost mental health services to community members is in keeping with CLU's commitment to service and justice.

The pursuit of a graduate education requires dedication and commitment. The Graduate Psychology faculty at CLU understand and support this dedication by mentoring students to be effective leaders in their chosen professions and by fostering the development of the whole student. We invite you to read through our brochures and become a part of the graduate psychology family at CLU.

A handwritten signature in black ink that reads "Mindy Puopolo". The signature is fluid and cursive.

Mindy Puopolo, Psy.D.

Program Director



Programs Offered:

- Doctorate in Clinical Psychology (Psy.D.)
- Master of Science, Clinical Psychology
- Master of Science, Counseling Psychology (MFT)



Bottom photo: Morris Eagle, Ph.D., Acclaimed Psychoanalyst and Professor

MAKE A DIFFERENCE

The depth of human thought and emotion is unlimited. The nature, description and image of what constitutes the concept of “family” is dynamic, diverse and grows more complex every day. As a result, the need for knowledgeable, skilled, caring and insightful clinicians is in great demand.

California Lutheran University’s Graduate Psychology Programs offer a Doctorate in Clinical Psychology (Psy.D.), Master of Science in Counseling Psychology (Marital and Family Therapy), Master of Science in Clinical Psychology, and specializations.

If you have an interest in making a profound difference in the lives of those struggling with emotional and mental challenges, the field of psychology is for you. As a CLU graduate psychology student, you not only will be prepared to serve in a variety of professional settings but will also gain a deep understanding of the field and practical applications with curriculum that emphasizes real-world experience.

PSYCHOLOGY GRADUATES: A SUCCESSFUL LEGACY

The quality of CLU’s Graduate Psychology Programs is evidenced by the success our graduates have achieved in a broad range of professional settings. Graduates of the Clinical Psychology Program can be found pursuing doctoral degrees as well as overseeing treatment programs, working under the supervision of licensed psychologists, and working as instructors and counselors in the community college system. Graduates of the Counseling Psychology Program have an outstanding record of obtaining internships, passing the state licensing examinations, and establishing successful practices in both private and institutional settings.



MASTER OF SCIENCE IN CLINICAL PSYCHOLOGY

As a Clinical Psychology student, you will gain ideal preparation for pursuing your doctorate or entering the field upon graduation. The program features a unique, combined focus on the development of research and counseling skills. In addition to a focus on Research Methodologies, students gain experience in the areas of interviewing, group therapy, and applied behavior analysis. You will also gain an overview of psychological testing, treatment plans, program evaluation, and legal and ethical issues related to research and counseling.

MASTER OF SCIENCE IN COUNSELING PSYCHOLOGY (MARITAL AND FAMILY THERAPY)

As a Counseling Psychology student, you will focus on the family as an interactive system and gain preparation for a successful career as a marriage and family therapist. You will also benefit from an atmosphere designed to facilitate growth as a therapist and to create exceptional learning opportunities.

The program offers access to CLU's Community Counseling and Parent Child Study Center, where students participate in a 12-month practicum and obtain up to 750 hours applicable to the California licensing requirement.

COMMUNITY COUNSELING AND PARENT CHILD STUDY CENTERS

CLU's Community Counseling and Parent Child Study Centers offer quality counseling services to families, and children. These services, offered on the main campus in Thousand Oaks, provide intensive clinical training to graduate students who are completing their studies in an emphasis in marriage and family therapy or clinical psychology.

Each trainee receives extensive supervision by experienced licensed clinicians. Supervisors include licensed social workers representing a wide range of theoretical orientations including cognitive-behavioral and psychoanalytic approaches. State-of-the-art audiovisual equipment and observation facilities provide an excellent clinical training experience.

The Community Counseling and Parent Child Study Centers provide accessible services to the community, informed by the in-depth study of human development, psychological functioning, and family relationships. Committed to the advancement of psychotherapy research, the center's advisory board comprised of nationally and internationally renowned scholars, including M. J. Lambert, Ph.D.; Alan Schore, Ph.D.; Arietta Slade, Ph.D.; Elliot Jurist, Ph.D.; Leon Hoffman, M.D.

DOCTORATE IN CLINICAL PSYCHOLOGY

California Lutheran University's Doctorate in Clinical Psychology (Psy.D.) is an innovative program that prepares graduates for careers as licensed clinical psychologists.

As an associate member of the National Council of Schools of Professional Psychology (NCSPP), the five-year program provides students with a broad perspective of psychology that integrates research and clinical practice. The curriculum includes six core courses that provide an in-depth developmental examination of major diagnostic categories, as well as areas of emphasis in research and practical skill development.

As a graduate, you will gain a diverse knowledge and expertise in assessment, relationship, intervention, diversity, research and evaluation, and management and supervision.

OUTSTANDING FACULTY: REAL-WORLD EXPERIENCE

CLU's psychology faculty bring strong clinical and counseling experience to the classroom. They have outstanding advanced-level credentials and are experts in their fields. As practitioners at medical centers, universities, mental health institutes and clinics, family mediation and investigative units, probation agencies and private practice, they have experience in a variety of areas. Our

faculty members have authored several books and hundreds of journal articles, as well as received distinguished awards for teaching and professional work.

EDUCATIONAL ENVIRONMENT: PERSONAL AND PRACTICAL

At CLU, you will experience a low instructor to student ratio where you will receive personal attention in a dynamic classroom setting. This learning environment will allow you to directly interact with professors and engage in interesting discussions and group projects with classmates.

QUALITY ACADEMICS: TOP RANKED IN WESTERN U.S.

Dedicated to academic excellence, CLU has been consistently ranked in the top tier of Western Regional Colleges and Universities by *U.S. News & World Report*.

ACCREDITATION: GUARANTEES QUALITY

Accreditation ensures the level of quality in the education you receive. CLU is accredited by the Accrediting Commission for Senior Colleges and Universities of the Western Association of Schools and Colleges (WASC). At CLU, you will receive a quality education that can be trusted.



g services to individuals, couples,
s and at the Oxnard Center, provide
counseling psychology with an

Supervisors include psychologists, MFTs
cluding systems, cognitive behavioral,
ation rooms provide a rich supervisory

psychotherapeutic services that are
attachment, and interpersonal
er established a research advisory
orris Eagle, Ph.D., FIPA; Wilma Bucci,
I.D.; and Chris Landon, M.D.

CAREER SERVICES: INTERNSHIPS AND EMPLOYMENT

CLU's Career Services Center is dedi-
cated to helping students and alumni
obtain their professional goals. As a
lifetime benefit, services include career
counseling, workshops on a variety of
topics including resume writing, salary
negotiations and career assessments.
The center partners with employers to
provide CLU students and graduates
with rewarding internships and employ-
ment opportunities. CLU's Career
Services staff will help you deliver the
perfect interview by providing you with
hundreds of sample questions and
even mock interviews online.

TECHNOLOGY RESOURCES

As a student, you will enjoy access
to CLU's technology network, wireless
campus and extensive research data-
bases. You can simply log on through
the MyCLU portal, our centralized
Web service, to access e-mail, register
for classes, view transcripts and
grades, and search our online library.



SONIA ESTRADA

“CLU’s Graduate Psychology Program has been a challenging, yet rewarding experience. I have learned so much and feel as though I will be more than capable and fully prepared to pursue a career as an MFT upon completion of the program.”

HOMETOWN:
Oxnard, Calif.

PROFESSIONAL POSITION:
Behavioral Therapist who specializes
in working with children with autism.

FAVORITE CLU CLASS:
Systems of Counseling and
Psychotherapy, because it has given
me the tools to be an effective
therapist in the future.

**MOST CHALLENGING
ASSIGNMENT:**
A research paper analyzing my life
situation and coming up with ways to
make it better. It seems easier to look
into other people's lives and attempt
to alleviate their stress, but it is much
more difficult to look at issues in your
own life.

**KEY TO KEEPING
BALANCE IN LIFE:**
I have found that it is imperative
to leave your professional life at the
office and personal life at home.
I also try to remind myself that in
the midst of all my daily chaos that
I am doing this because I want
and deserve success. My goals and
aspirations could never be achieved
without maintaining balance in
all facets of my life.

HOBBIES:
Spending time with loved ones and
enjoying a good game, whether it
be football, baseball or basketball.

DANIEL KNAUSS

HOMETOWN:
Tucson, Ariz.

PROFESSIONAL POSITION:
Youth Care Specialist,
Meridian Youth Treatment Center

FAVORITE CLU CLASS:
Principles and Techniques
in Adolescent Therapy

“CLU’s graduate programs in psychology provide a unique opportunity to examine the field from different perspectives. There is an integration of various theoretical models and their application to counseling and clinical settings that you won’t find at many other institutions. Most importantly, it is obvious that the professors and administration are invested in our success both academically and professionally. They really care.”

**MOST CHALLENGING
ASSIGNMENT:**
Take home final exam for Principles
and Techniques in Adolescent Therapy.

**KEY TO KEEPING
BALANCE IN LIFE:**
Maintaining the perspective that
my family comes before anything
else. Also, remembering that I am
pursuing a graduate degree because
I am passionate about the subject
matter and profession.

HOBBIES:
Spending time with my wife and
dog outside. Running, swimming
and listening to music.



FINANCIAL AID

Although the cost of a private college education may seem high, CLU's tuition is competitive with the California State University system and lower than most private universities. Even so, we understand that paying for higher education may seem prohibitive. For this reason, CLU offers a variety of financial aid options, including scholarships, grants, loans, veteran's benefits and on-campus employment opportunities. The majority of our students take advantage of state and federal resources, such as California grants, Federal Pell grants, and Federal Stafford loans. Earning an advanced degree can be one of the biggest investments you make in yourself—and one that will last a lifetime.

RESIDENCE HALLS: HOUSING FOR ADULTS

In this vibrant academic community, graduate students find that CLU residential options fit their lifestyle—embracing each student's privacy, independence and commitment to learning. The value of living on campus extends far beyond the monthly savings. You will enjoy the many campus amenities including a state-of-the-art fitness center, Olympic-size swimming pool, tennis courts, campus lectures, concerts and sporting events, as well as nearby hiking trails.

Campus housing options for graduate students include Grace Hall and Kramer Court. Grace Hall features apartment-style living in suites that include a kitchen, common area, bathroom, and several one-person bedrooms. This residence hall also includes study and conference rooms, a central lounge and exterior patio. Kramer Court offers apartments for married and partnered students. All units are fully furnished and the price includes utilities, cable, high speed wireless Internet and phone.

CLU Mission

California Lutheran University is a selective comprehensive institution offering undergraduate and graduate degrees in the liberal arts and sciences and professional fields. Rooted in the Lutheran tradition of Christian faith, the University encourages critical inquiry into matters of both faith and reason. The mission of the University is to educate leaders for a global society who are strong in character and judgment, confident in their identity and vocation, and committed to service and justice.

Year Founded

1959

Schools and Colleges

COLLEGE OF ARTS AND SCIENCES
SCHOOL OF BUSINESS
SCHOOL OF EDUCATION

www.callutheran.edu/graduate

CAMPUS LOCATIONS

For added convenience and flexibility, the Master of Science in Clinical and Counseling Psychology are offered at both the main campus in Thousand Oaks and Oxnard Center. The Doctorate in Clinical Psychology is offered at the Oxnard Center.



**California Lutheran University
Thousand Oaks Campus**
60 West Olsen Road
Thousand Oaks, CA 91360
805.493.3127



**California Lutheran University
Oxnard Center**
2201 Outlet Center Drive, Suite 600
Oxnard, CA 93036
805.485.6426