

Bike Lanes, Paths & Routes:

- A **bicycle lane** is a portion of roadway which is designated exclusively for use by cyclists, and is marked with striping, signage, and pavement markings.
- A **bicycle path/trail** is physically separated from motorized traffic by an open space barrier. The most common bicycle paths and trails run parallel with flood control channels and the beach. Cyclists are not required to use bicycle paths, but are encouraged to do so when available.
- A **bicycle route** is a segment of a system of bikeways designated by the City of Thousand Oaks with appropriate directional and informational signage and markings. Usually, vehicles and cyclists are required to share the same lane of travel.

Tips for Reducing Bike Theft:

- Use a steel U-shaped lock rather than a cable lock
- Place lock around bicycle frame and one wheel
- Lock it to a bike rack in a well-lit and traveled area
- Keep a photo of your bike along with its serial number/bill of sale
- Etch a personal identification number in two locations on the bike frame
- If bike seat is detachable, remove it when storing the bike
- Register your bike with Campus Safety

Campus Safety

3471 Mountclef Boulevard
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California Lutheran
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BICYCLE SAFETY



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Requirements for Cyclists:

Obey all traffic signals and signs. Failure to stop or yield is a leading cause of accidents involving cyclists and motorists.

- Ride on the right side of the road with the flow of traffic. It is against the law to ride against traffic and is another leading cause of collisions.
- Use hand signals to warn of upcoming turns, lane changes, slowing, and stopping. A vehicle has turn signals and brake lights to indicate a change in direction or speed, but a bicycle does not.
- Cyclists should not ride more than two abreast. If a cyclist is being overtaken by another vehicle, they should ride single-file.
- When riding at night, both a white front light and a red rear reflector are required. It is also a good idea to wear white or reflective clothing at night, and bright colors during the day.
- It is extremely important for all cyclists to wear a helmet to reduce the risk of injury or death if involved in an accident. However, it is the law that all persons under 18 years of age must wear an approved helmet.
- A helmet must fit properly to provide the maximum protection. It should fit snugly, but not pinch. The chin-strap should be adjusted so that the helmet fits level on your head and does not rock back to front, or side to side. Bicycle helmets should meet ANSI standards (American National Standards

Institute) or the Snell Memorial Foundation's Standards for Protective Headgear Use in bicycling.

- Watch for cars exiting driveways and cross streets. Make eye contact with drivers. Assume they do not see you until you are sure they do. Drivers may not see cyclists if the sun is in their eyes.
- Avoid hazards. Watch out for parallel-slat grates, slippery manhole covers, oily pavement, sand, gravel, and other hazards. Cross railroad tracks carefully at right angles.

Can I ride my bicycle on sidewalks?

- The City of Thousand Oaks has adopted rules which permit a cyclist to ride on any sidewalk in the City of Thousand Oaks unless otherwise posted. However, a cyclist shall yield the right-of-way to all pedestrians.

What is the most common cause of bicycle accidents?

- Data on bicycle accidents show that the single most common cause for bicycle accidents is a cyclist riding on the wrong side of the street. When motorists are turning at intersections and cyclists are riding the wrong way, drivers do not see them because they are not expecting cyclists to be traveling in the opposite direction against the traffic flow.

Are loop detectors within left-turn lanes at signalized intersections sensitive enough to recognize the presence of a cyclist?

- Most of the traffic signals in the City of Thousand Oaks have loop detectors where green left-turn arrows are provided. The "inductive loop detectors" are tuned to detect the presence of a motor vehicle. Field tests reveal that there is enough metal built into the frame of a bicycle to trigger a green left-turn arrow when a vehicle is not present.
- The City of Thousand Oaks has initiated the use of more sensitive bicycle detectors at all new traffic signals where left-turn arrows are provided near bike routes and bike lanes. Special pavement markings have been installed at traffic signals that can detect the presence of a bicycle at a left-turn lane. These locations will be limited to intersections, which connect to existing and future bicycle routes/lanes, where bicycle traffic is expected to be the greatest.