

# California Lutheran University

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## Bachelor's Degree for Professionals

**Course Number and Title:** Psychology 200- General Psychology

**Term:** Fall 2015

**Time:** Mondays 6-9:30pm

**Classroom:** Woodland Hills Campus Room #114

**Drop Dates:** September 14<sup>th</sup> Last day to add/drop without financial penalty

October 12<sup>th</sup> Last day to withdraw without academic penalty

**Instructor:** Sodah Minty, MA, MS Doctoral Candidate

**Contact:** [sminty@callutheran.edu](mailto:sminty@callutheran.edu)

(805) 493-3543

**Office Hours:** Appointments available upon request.

### Course Description

This class will cover the concepts and principles pertinent to psychological processes as social behavior, development, perception, thinking and symbolic processes, physiology, personality and psychological disorders. Students will be introduced to the empirical foundation of the discipline of psychology. Prerequisite to all courses in psychology except 203, 207 and 215.

### Textbooks/Required Readings:

Myers, David G. (2011). *Exploring Psychology: Ninth Edition in Modules*. New York: Worth. ISBN: 978-1464-11173-0

### Recommended Text:

American Psychological Association (2010). *Publication manual of the American Psychological Association* (6th ed.). Washington, DC: Author. ISBN: 9781433805615

### Course Outcomes:

By the end of this course, the successful student will be able to:

- Identify, describe, and apply basic principles of psychology to human behavior.
- Demonstrate knowledge and understanding representing appropriate breadth and depth in selected content areas in psychology.
- Apply psychological theories and research findings to practical settings (i.e., personal life, work, clinical interventions etc.)
- Further develop writing skills in conjunction with the use of APA format.
- Achieve university student learning outcomes and program goals of the Professionals Program through successful completion of course assignments and requirements.

### Course Assignments/Requirements/Course Schedule

\*Please complete assigned readings before the class for which the readings are assigned.

Assignments are subject to change\*

<b>Week</b>	<b>Date</b>	<b>Topic/Assignment</b>	<b>Chapter in text/assignment</b>
1.	8/31/15	Introductions, review syllabus.	Intro to the Science & History of Psychology
2.	9/7/15 – 9/14/15	Online discussion board submission due; sign up for student presentation.	The Biology of the Mind
3.	9/21/15	Online discussion board submission due.	Consciousness and the Two-Track Mind
4.	9/28/15	Online discussion board submission due; student presentation(s).	Developing Through the Life Span
5.	10/5/15	Online discussion board submission due; student presentation(s).	Psychological Disorders
6.	10/12/15	Online discussion board submission and MIDTERM EXAM DUE	Sensation and Perception
7.	10/19/15	Online discussion board submission due; student presentation(s).	Sensation/Perception cont'  Learning/Memory
8.	10/26/15	Online discussion board submission due;	Learning/Memory cont'  Motivation and Emotion
9.	11/2/15	Online discussion board submission due;	Social Psychology
10.	11/9/15	Online discussion board submission due; student	Stress, Health and Human Flourishing

		presentation(s).	
11.	11/16/15	FINAL PAPER DUE in class at 6:00 PM.	

**Course Assignments/Requirements:**

1. Weekly online discussions (20% of Grade).

Students are expected to thoughtfully engage in the weekly discussion questions(s) assigned each week by the instructor. The purpose of these assignments is to encourage critical thinking about the reading and application of the material. The questions for discussion will be posted on Blackboard. In order to receive credit, each student will post a response before the start of class and be prepared to discuss in class. Please note: late posts will not receive consideration for credit.

Each assignment has 2 possible points  
 2= thoughtful/substantially accurate  
 0= no submission

2. Presentation of Research to Class (20%)

During the second week of class, students will be provided with a list of core content areas (from the text) to be covered in the course. Each student is to select an area of interest and submit a specific topic (e.g., depression, effects of exercise on mental health, social pressures during adolescence) to the instructor. Students will research a minimum of 3 peer reviewed articles through the CLU database on the topic and present to the class. The presentation will be approximately 15 minutes. Students are expected to use PowerPoint or Keynote to facilitate the presentation. Further details will be provided in class.

3. Midterm Exam (20% of Grade).

The midterm exam will be in multiple choice and short answer format.

4. Final Paper (30% of Grade).

A 5-7 page essay (not including title or reference pages) in APA format will be due week 11. Students will choose a psychological disorder and pick a theoretical orientation that resonates most with you. As part of this assignment you should cite at least 3 references from professional journals or scholarly materials (using CLU's online library database). This assignment will provide you with an opportunity to become familiar with a specific psychological disorder (e.g., Major Depressive Disorder, Bipolar Disorder, Schizophrenia, etc.) and effective methods to conceptualize the treatment of the disorder (e.g., Behaviorism, Humanism, Cognitive, Psychoanalytic, Neuroscience). Students will provide a brief history/overview of specific orientation, symptoms and onset/development of chosen psychological disorder and opinions of available treatments based on literature. Your creativity and enthusiasm is encouraged! Further details will be provided.

5. Participation and attendance (10% of Grade).

Participation: being attentive during lectures and participating in class discussion.

Attendance: attending class meetings, arriving on time and staying until the end of class.

### CHART OF CARNEGIE INSTRUCTIONAL HOURS

Activity	Instructor-Led Hours		Homework Hours		Notes
	Weekly	Course	Weekly	Course	
Required Reading			5	50 hrs	Over weeks 1 - 10, uneven distribution
Weekly Classes	3 hrs, 30 min	38 hrs, 30 min			
Weekly Online Discussion Board Submissions	approx. 1 hr.	11 hrs, 30 min			
Preparation for Presentation & Research Paper				18	Average, varies by student
Midterm Exam				12	Average, varies by student
Final Paper				20	Average, varies by student
Total		50		100	

### Grading:

CRITERION	PORTION	GRADING SCALE GRADE PERCENTAGE
1. Class Activities/Participation	25%	A 95-100 A- 90-94.9
2. Midterm Exam	20%	B+ 86-89.9 B 83-85.9
3. Research Summary & Presentation	10%	B- 80-82.9 C+ 76-79.9
4. Term Paper & Presentation	25%	C 73-75.9 C- 70-72.9
5. Final Exam	20%	

Overall grading will be on a straight scale (not curved) based on the following percentages:

93-100= A  
 90-92 = A-  
 87-89 = B+  
 83-86 = B

80-82 = B-  
77-79 = C+  
73-76 = C  
70-72 = C-  
67-69 = D+  
63-66 = D  
60-62 = D-  
<59 = F

### **Course Evaluations Statement:**

All course evaluations are conducted online. Your feedback is important to us. You will receive an email message reminding you when the website is open for your feedback. The link is:  
<http://courseval.callutheran.edu>

### **University Harassment Policy**

Be civil to each other, both on- and offline. For information on the University's **student harassment policy and rights**, please go to the following link:

[Student Life Handbook](#)

### **Disability Statement:**

California Lutheran University is committed to providing reasonable accommodations in compliance with ADA of 1990 and Section 504 of the Rehabilitation Act of 1973 to students with documented disabilities. If you are a student requesting accommodations for this course, please contact your professor at the beginning of the semester and register with the Disability Support Services Coordinator, Wendy Jimenez, for the facilitation and verification of need. The Disability Support Services Coordinator is located in the Center for Student Success Office at 3259 Pioneer Street, and can be contacted by calling 805.493.3878 or emailing [wjimene@callutheran.edu](mailto:wjimene@callutheran.edu)

### **Statement on Academic Honesty:**

The educational programs of California Lutheran University are designed and dedicated to achieve academic excellence, honesty and integrity at every level of student life. Part of CLU's dedication to academic excellence is our commitment to academic honesty. Students, faculty, staff and administration share the responsibility for maintaining high levels of scholarship on campus. Any behavior or act which might be defined as "deceitful" or "dishonest" will meet with appropriate disciplinary sanctions, including dismissal from the University, suspension, grade F in a course or various forms of academic probation. Policies and procedures regarding academic honesty are contained in the faculty and student handbooks.

Plagiarism, cheating, unethical computer use and facilitation of academic dishonest are examples of behavior which will result in disciplinary sanctions. Plagiarism includes, but is not limited to:

- word for word copying without using quotation marks or presenting the work as yours
- using the ideas or work of others without acknowledgement
- not citing quoted material. Students must cite sources for any information that is not either the result of original research or common knowledge.

Standards of Student Conduct Statements:

- [Student Life Handbook](#)

- [Academic Honesty Statement](#)

### **Pearson Library**

Pearson Library provides access to scholarly books, journals, ebooks, and databases of full text articles from scholarly journals. To begin using these materials, visit the library web page <http://www.callutheran.edu/iss/research/>

- To contact a librarian:
- Chat on the Library's home page
- Email: [CLUlibrary@callutheran.edu](mailto:CLUlibrary@callutheran.edu)
- Phone: (805) 493-3250.
- CLU's satellite locations, see <http://www.callutheran.edu/iss/research/satellite.php> for the full range of services provided.

### **CLU Writing Center**

The Writing Center provides 1:1 writing consultations, in-person and online, with trained undergraduate and graduate writing consultants. We welcome all writing-related projects at any stage of the writing process across the diverse disciplines of study at CLU. The Writing Center also hosts writing workshops, provides in-class visits, facilitates writing groups, and offers a writer's studio option for longer, sustained projects. Services suit writers of all levels, including traditional undergraduates, graduate students from all fields, all English language learners, and accomplished scholars alike. All members of the CLU community with an @callutheran.edu email address are welcome to make use of our services. For more information, please visit at [www.callutheran.edu/writing\\_center](http://www.callutheran.edu/writing_center) or call 805-493-3257. Please schedule appointments online through MyCLU Blackboard with the yellow "The Writing Center" icon in "Tools," or stop by The Writing Center itself, located in the Darling Collaboration Suite of Pearson Library.

### **Sexual Misconduct**

California Lutheran University does not tolerate any degree of sexual misconduct on or off-campus. We encourage you to report if you know of, or have been the victim of, sexual harassment, misconduct, and/or assault. If you report this to a faculty member, she or he must notify Cal Lutheran's Title IX Coordinator about the basic facts of the incident. More information about your options for reporting can be found at: <http://www.callutheran.edu/title-ix/>

### **Veterans Resources**

If you are a veteran, military member, or a family member of a veteran or military member, please refer to Cal Lutheran's Veterans Resources webpage for important information: <http://www.callutheran.edu/veterans/> Also, if you are a veteran receiving benefits and you are struggling in a class, you most likely qualify for free tutoring. Please contact the Veterans Coordinator, Jenn Zimmerman, [veterans@callutheran.edu](mailto:veterans@callutheran.edu) or 805.493.3648, for more information.

### **Help Desk**

Students may contact the Help Desk about telephone, network, wireless network, software questions password problems, hardware problems, and general consultation (i.e. you cannot log into your MyCLU portal, or you are having problems with Blackboard). Please click on the

following link for more information

[http://www.callutheran.edu/iss/technology\\_services/helpdesk.php](http://www.callutheran.edu/iss/technology_services/helpdesk.php) or call: 805.493.3698

**Final Note**

This syllabus is subject to change. Every effort will be made to alert students to changes that occur in a timely manner.

**Rubric for Presentation & Final paper**

Criteria	Addresses in Detail	Addresses but with minimum detail	Does not address (0), is inadequate or inaccurate (1-2)
1. Subject is specifically addressed and clearly identified in the paper or presentation.	5 points	3-4 points	0-2 points
2. Concepts are accurately identified and are in proper context.	5 points	3-4 points	0-2 points
3. Discussion and analysis with a systematic critique and substantiating data.	5 points	3-4 points	0-2 points
4. Presentation/paper addresses how the material influenced your thoughts(s) and personal learning.	5 points	3-4 points	0-2 points

Criteria	Addresses in Detail	Addresses but with minimum detail	Does not address (0), is inadequate or inaccurate (1-2)
5. Text and or additional materials, works, authors or theory contributors are accurately addressed. Exceptional work will include additional, external, and particularly scholarly articles.	5 points	3-4 points	0-2 points
6. A conclusion that clearly summarizes the topic, key reflective learning of the student (“what I learned when researching this topic was...”).	5 points	3-4 points	0-2 points
7. Paper meets APA requirement of font, margins, spacing and grammatically correct.	5 points	3-4 points	0-2 points

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