

# California Lutheran University

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## Bachelor's Degree for Professionals

California Lutheran University  
**Psychology 200- General Psychology**  
Fall Term, 2016  
Tuesdays 6-9:30  
Main Campus (Swenson) RM 124

*Fall Term 2016: August 29<sup>th</sup> – November 14<sup>th</sup>*

**Instructor/Contact Info:** Ashley Ribeiro, PsyD, BCBA  
[aribeiro@callutheran.edu](mailto:aribeiro@callutheran.edu)

**Office hours:** Prior to class by appointment; Telephone meetings by appointment

### **Course Description:**

This class will cover the concepts and principles pertinent to psychological processes as social behavior, development, perception, thinking and symbolic processes, physiology, personality and psychological disorders. Students will be introduced to the empirical foundation of the discipline of psychology.

### **Learning Objectives:**

By the end of this course, the successful student will be able to:

- Identify, describe, and apply basic principles of psychology to human behavior.
- Demonstrate knowledge and understanding representing appropriate breadth and depth in selected content areas in psychology.
- Apply psychological theories and research findings to practical settings (i.e., personal life, work, clinical interventions etc.)
- Further develop writing skills in conjunction with the use of APA format.
- Achieve university student learning outcomes and program goals of the Professionals Program through successful completion of course assignments and requirements.

### **Required Text:**

Myers, David G. (2016). *Exploring Psychology: Tenth Edition in Modules*. New York: Worth. ISBN: 978-1-4641-5438-6

**Recommended Text:**

American Psychological Association (2010). *Publication manual of the American Psychological Association* (6th ed.). Washington, DC: Author. ISBN: 9781433805615

**Attendance:**

Attendance is mandatory, only one excused absence will be allowed. An excused absence is when the student communicates to and receives permission from the instructor prior to the absence.

**Assignments:**

*Please see Statement on Academic Honesty provided below.*

**1. Weekly online discussions (20% of Grade).**

Students are expected to thoughtfully engage in the weekly discussion questions(s) assigned by the instructor. You should not recite from the book; the purpose of these assignments is to encourage critical thinking about the reading and application of the material. The questions for discussion will be posted by Friday on Blackboard. In order to receive credit, each student will post a response by 6:00pm Tuesday and be prepared to discuss in class.

Each assignment has 2 possible points:

2= thoughtful/substantially accurate

1= insufficient/inaccurate response

0= no submission

**2. Presentation of Research to Class (20%)**

During the second week of class, students will be provided with a list of core content areas from the text to be covered in the course. Each student is to select an area of interest and submit a specific topic (e.g., depression, effects of exercise on mental health, pre-marital education, social pressures during adolescence) to the instructor. Students will research a minimum of 3 peer reviewed articles through the CLU database on the topic and present to the class. The presentation will be approximately 15 minutes with 5 minutes for questions from the class. Students are expected to use PowerPoint or Keynote to facilitate the presentation. Further details will be provided in class.

**3. Midterm Exam (20% of Grade).**

The midterm exam will be in multiple choice format; further details will be provided in class.

**4. Final Paper (30% of Grade).**

A 5-7 page essay (not including title or reference pages) in APA format will be due week 11. Students will choose a psychological disorder (modules 32-34) and pick a theoretical orientation (a set of beliefs used to explain human behavior; modules 35 & 36) that resonates most with you. As part of this assignment you should cite at least 3 references from professional journals or scholarly materials (using CLU's online library database). This assignment will provide you with an opportunity to become familiar with a specific

psychological disorder (e.g., Major Depressive Disorder, Bipolar Disorder, Schizophrenia, etc.) and effective methods to conceptualize the treatment of the disorder (e.g., Behavioral, Humanistic, Cognitive, Psychoanalytic, Neuroscience). Students will provide a brief history/overview of specific orientation, symptoms and onset/development of chosen psychological disorder and opinions of available treatments based on literature. I encourage your creativity and enthusiasm! Further details will be provided on course website.

5. Participation and attendance (10% of Grade).

Participation: being attentive during lectures and participating in class discussion.

Attendance: attending class meetings; arriving on time and staying until the end of class.

\*Late work policy: Except in the case of a documented emergency, any assignments submitted late will receive a maximum of 50% credit for up to one week late, and 0% credit for over one week late.

**Rubric for Presentation & Final paper**

Criteria	Addresses in Detail	Addresses but with minimum detail	Does not address (0), is inadequate or inaccurate (1-2)
1. Subject is specifically addressed and clearly identified in the paper or presentation.	5 points	3-4 points	0-2 points
2. Concepts are accurately identified and are in proper context.	5 points	3-4 points	0-2 points
3. Discussion and analysis with a systematic critique and substantiating data.	5 points	3-4 points	0-2 points
4. Presentation/paper addresses how the material influenced your thoughts(s) and personal learning.	5 points	3-4 points	0-2 points
5. Text and or additional materials, works, authors or theory contributors are accurately addressed. Exceptional work will include additional, external, and particularly scholarly articles.	5 points	3-4 points	0-2 points
6. A conclusion that clearly summarizes the topic, key reflective learning of the student (“what I learned when researching this topic was...”).	5 points	3-4 points	0-2 points

Criteria	Addresses in Detail	Addresses but with minimum detail	Does not address (0), is inadequate or inaccurate (1-2)
7. Paper meets APA requirement of font, margins, spacing and grammatically correct.	5 points	3-4 points	0-2 points

**Grading:**

Weekly online discussions: 20%  
 Presentation of research to class: 20%  
 Midterm Exam: 20%  
 Final Paper: 30%  
 Participation and attendance: 10%

Grading will be on a straight scale (not curved) based on the following percentages:

93-100= A  
 90-92 = A-  
 87-89 = B+  
 83-86 = B  
 80-82 = B-  
 77-79 = C+  
 73-76 = C  
 70-72 = C-  
 67-69 = D+  
 63-66 = D  
 60-62 = D-  
 <59 = F

**Weekly Schedule:**

Please attend all classes and complete all assigned readings prior to class.

**Week 1 (August 30):** Introductions, review syllabus.

**Readings:** Modules 1 & 2; *Thinking Critically with Psychological Science*

**Week 2 (September 6):** Online discussion board submission due; sign up for student presentation.

**Readings:** Modules 3-5; *The Biology of Behavior*

**Week 3 (September 13):** Online discussion board submission due.

**Readings:** Modules 8 & 9; *Consciousness and the Two-Track Mind*

**Week 4 (September 20):** Online discussion board submission due; student presentation(s).

**Readings:** Modules 35-37; *Social Psychology*

**Week 5 (September 27):** Online discussion board submission due; student presentation(s).

**Readings:** Modules 10-13; *Developing Through the Life Span*

**Week 6 (October 4):** Online discussion board submission and MIDTERM EXAM DUE (details will be discussed in class).

**Readings:** Modules 40-43; *Psychological Disorders*

**Week 7 (October 11):** Online discussion board submission due; student presentation(s).

**Readings:** Modules 44 & 45; *Therapy*

**Week 8 (October 18):** Online discussion board submission due; student presentation(s).

**Readings:** Modules 19-21; *Learning*

**Week 9 (October 25):** Online discussion board submission due; student presentation(s).

**Readings:** Modules 22-24; *Memory*

**Week 10 (November 1):** Online discussion board submission due; student presentation(s).

**Readings:** Modules 29 & 33-34; *Motivation and Emotion/Stress, Health, and Human Flourishing*

**Week 11 (November 8):** FINAL PAPER DUE in class at 6:00 PM.

### CHART OF CARNEGIE INSTRUCTIONAL HOURS

The expectation for this course is that you will spend the equivalent of 4 hours per week in class (an hour is defined as 50 minutes), and you will spend approximately 9 hours per week studying and completing assignments for this course.

Activity	Instructor-Led Hours		Homework Hours		Notes
	Weekly	Course	Weekly	Course	
Required Reading			5	50 hrs	Over weeks 1 - 10, uneven distribution
Weekly Classes	3 hrs, 30 min	38 hrs, 30 min			
Weekly Online Discussion Board Submissions	approx. 1 hr.	11 hrs, 30 min			
Preparation for Presentation & Research Paper				18	Average, varies by student
Midterm Exam				12	Average, varies by student

Final Paper				20	Average, varies by student
<b>Total</b>		<b>50</b>		<b>100</b>	

\*\* In this chart the Carnegie Instructional Hours have already been converted to traditional clock hours; these are based on a 60-minute clock hour.

**Drop Dates:** Monday, September 12: last day to add; last day to drop without a “W” or financial penalty (100% tuition charge for classes dropped after this date)

Monday, October 10; last day to withdraw without academic penalty.

**Course Evaluations Statement:**

All course evaluations are conducted online. Your feedback is important to us. You will receive an email message reminding you when the website is open for your feedback.

The link is: <http://courseval.callutheran.edu>

**Disability Statement:**

California Lutheran University is committed to providing reasonable accommodations in compliance with ADA of 1990 and Section 504 of the Rehabilitation Act of 1973 to students with documented disabilities. If you are a student requesting accommodations for this course, please contact your professor at the beginning of the semester and register with the Disability Support Services Coordinator, Wendy Jimenez, for the facilitation and verification of need. The Disability Support Services Coordinator is located in the Center for Student Success Office at 3259 Pioneer Street, and can be contacted by calling 805.493.3878 or emailing [wjimene@callutheran.edu](mailto:wjimene@callutheran.edu)

**Standards of Student Conduct Statements:**

- [Student Life Handbook](#)
- [Academic Honesty Statement](#)

**University Harassment Policy:**

Be civil to each other, both on- and offline. For information on the University’s **student harassment policy and rights, please go to the following link:**

[Student Life Handbook](#)

**Blackboard Information:**

For assistance with Blackboard, email, or Web Advisor, please contact the help desk at 805.493.3698 or [helpdesk@callutheran.edu](mailto:helpdesk@callutheran.edu). For Blackboard tutorials, please go to the following link: <http://ondemand.blackboard.com/students.htm>.

**Sexual Misconduct**

**California Lutheran University does not tolerate any degree of sexual misconduct on or off-campus. We encourage you to report if you know of, or have been the victim of, sexual harassment, misconduct, and/or assault. If you report this to a faculty member, she or he must notify Cal Lutheran’s Title IX Coordinator about**

**the basic facts of the incident. More information about your options for reporting can be found at: <http://www.callutheran.edu/title-ix/>**

### **Statement on Academic Honesty:**

The educational programs of California Lutheran University are designed and dedicated to achieve academic excellence, honesty and integrity at every level of student life. Part of CLU's dedication to academic excellence is maintaining high levels of scholarship on campus. Any behavior or act which might be defined as "deceitful" or "dishonest" will meet with appropriate disciplinary sanctions, including dismissal from the University, suspension, grade F in a course or various forms of academic probation. Policies and procedures regarding academic honesty are contained in the faculty and student handbooks.

Plagiarism, cheating, unethical computer use and facilitation of academic dishonest are examples of behavior, which will result in disciplinary sanctions. Plagiarism includes, but is not limited to:

- Word for word copying without using quotation marks or presenting the work as yours
- Using the ideas or work of others without acknowledgement
- Not citing quoted material. Students must cite sources for information that is not either the result of original research or common knowledge.

### **Pearson Library:**

Pearson Library provides access to scholarly books, journals, ebooks, and databases of full text articles from scholarly journals. To begin using these materials, visit the library web page <http://www.callutheran.edu/library>

There are many ways to contact Pearson Library for research assistance, no matter where you are!

- Email Yvonne Wilber (Professionals liaison) at [ywilber@callutheran.edu](mailto:ywilber@callutheran.edu)
- General Library email: [CLUlibrary@callutheran.edu](mailto:CLUlibrary@callutheran.edu)
- Library main phone: 805.493.3250
- Text us your question: 805.493.3867
- Get more help at: <http://www.callutheran.edu/library/help/>

### **CLU Writing Center:**

The Writing Center provides 1:1 writing consultations, in-person and online, with trained undergraduate and graduate writing consultants. We welcome all writing-related projects at any stage of the writing process across the diverse disciplines of study at Cal Lutheran. The Writing Center also hosts writing workshops, provides in-class visits, facilitates writing groups, and offers a writer's studio option for longer, sustained projects. Services suit writers of all levels, including traditional undergraduates, graduate students from all fields, all English language learners, and accomplished scholars alike. All members of the Cal Lutheran community with an @callutheran.edu email address are welcome to make use of our services. For more information, please visit at [www.callutheran.edu/writing\\_center](http://www.callutheran.edu/writing_center) or call 805.493.3257. Please schedule appointments online through MyCLU Blackboard with the yellow "The Writing Center" icon in

“Tools,” or stop by The Writing Center itself, located in the Darling Collaboration Suite of Pearson Library.

**Veterans Resources:**

If you are a veteran, military member, or a family member of a veteran or military member, please refer to Cal Lutheran’s Veterans Resources webpage for important information: <http://www.callutheran.edu/veterans/> . Also, if you are a veteran receiving benefits and you are struggling in a class, you most likely qualify for free tutoring. Please contact the Veterans Coordinator, Jenn Zimmerman, [veterans@callutheran.edu](mailto:veterans@callutheran.edu) or 805.493.3648, for more information.

**Help Desk:**

Students may contact the Help Desk about telephone, network, wireless network, software questions password problems, hardware problems, and general consultation (i.e. you cannot log into your MyCLU portal, or you are having problems with Blackboard). Please click on the following link for more information [http://www.callutheran.edu/iss/technology\\_services/helpdesk.php](http://www.callutheran.edu/iss/technology_services/helpdesk.php) or call: 805.493.3698

*Note: The syllabus is subject to change based on needs of class/instructor’s discretion.*