There are thousands of general dentists and specialists to choose from nationwide — so you are sure to find one who meets your needs. You can find the names, addresses, languages spoken and telephone numbers of participating dentists by searching our online “Find a Dentist” directory by visiting www.metlife.com/dental and following the steps outlined below.

**Step 1: Find a Dentist**
Enter your ZIP Code and select the PDP Plus network

**Step 2: Advanced Search**
Use the Advanced Search option to locate a dentist by Name, Spoken Language, Specialty or Gender

Like most group benefit programs, benefit programs offered by MetLife and its affiliates contain certain exclusions, exceptions, waiting periods, reductions, limitations and terms for keeping them in force. Please contact MetLife or your plan administrator for complete details.