MLA Formatting Guidelines

General Guidelines

MLA (Modern Language Association) Style is used mainly in humanities disciplines, such as the English language and literature, Foreign Language, and Cultural Studies.

MLA Style requires:
- 12 pt. Times New Roman font
- Double-spaced
- 1 inch margins on all sides
- Indent the first line of every paragraph
- Leave only one space after periods or other punctuation marks
- Always follow any specific guidelines given by your instructor

MLA First Page

MLA does not use a title page. Only make a title page if specifically requested. Instead, the upper left-hand corner of the FIRST page will have 4 elements:

1. Your name
2. Your instructor’s name
3. The course
4. Date of submission

- The title of the paper comes after the header. Write the title in Title Case and center it on the page.
- The header in the upper right-hand corner will include author’s (of the paper) last name and page number. Number all pages consecutively with Arabic numerals (1, 2, 3, 4...).

MLA Headings

MLA does not have a prescribed headings format; however, it should remain consistent throughout the document. Ask your professor for their preference.