Are You a Military or Veteran Family?

We are seeking participants for a research study on the FOCUS (Families OverComing Under Stress) Early Childhood Training program. This program is designed to help OIF/OEF/OND Veteran, Guard, and Reserve families with children ages 3 to 6 to increase family resilience.

Why should my family participate?

Many families have reported that the FOCUS-Early Childhood program has:

- improved their parent-child relationships
- helped them develop effective parenting skills
- increased their problem-solving skills
- helped them manage stress

What does my family need to do for this study?

- Participate in six 45-90 min. sessions via webcam from the comfort of your home
  
  OR
  
  Access high-quality online resources from the FOCUS-EC website
  (Families will be randomly selected into either group.)
- Complete 4 in-home assessment sessions.
- You will receive up to $220 in gift cards for completing the 4 assessments.
  (Families randomized to take part in the training sessions will receive $20 per session for child care costs.)

What makes our family eligible for this study?

You must be a non-active duty OIF/OEF/OND Veteran, Guard, or Reserve member with a child ages 3-6 years old living with you; live in the LA basin; and have a computer with internet access.

To find out if you are eligible, please contact us toll free at 310-903-2308 or by email at focus@nfrc.ucla.edu

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